

Tobacco Cessation

Classes held at SMITH Northview Hospital.

Course completion consists of 8 classes.

All classes are held on each date below at

5:30pm in SNH Conference Room.

Call 229-671-2162 or email patricia.gordon@sgmc.org to register.



Freedom

FROM SMOKING®

March 2012 Session

March 5th, 12th, 19th, 26th and 28th
April 2nd, 9th and 16th

May 2012 Session

May 7th, 14th, 21st, 28th and 30th
June 4th, 11th and 18th

September 2012 Session

September 10th, 17th and 24th
October 1st, 3rd, 8th, 15th and 22nd

November 2012 Session

November 5th, 12th, 19th, 26th and 28th
December 3rd, 10th and 17th

